Find What Sparks You

INTERACT STUDIO
GUIDE TO GROWTH

interact studio

Find What Sparks You

INTERACT STUDIO GUIDE TO GROWTH

I.	3 Important Aspects	Page 3
II.	Why Do This?	Page 4
III.	Your Authentic Style™	Page 5
IV.	Taking Inventory	Page 7
V.	Never Settle. Go for Greatness.	Page 10

© Interact Studio. All Rights Reserved.
No content in this document may be
reproduced or reused without written consent.

3 Important Aspects

1

Growing Your Self-Awareness, Finding Your Voice.

2

Uncovering and Telling Your Story to Empower Others.

3

Growing Your Influence, Sparking Change.

© Interact Studio. All Rights Reserved.
No content in this document may be
reproduced or reused without written consent.

Why Do This?

You deserve meaningful learning experiences that will increase your impact on the world. Regardless of where you are in your career and life, there is always more of you left to grow.

There is always more of you left to grow...
a human being is never "finished."

Our Guide to Growth is a placeholder for taking inventory of where you are, and where you want to be in your communication.

Just by answering these questions, you will stir the energy to find your voice, tell your story and grow your influence.

Our best advice is to Play Big. Create a bigger vision for yourself than just solving a current problem. A vision that's too small will keep you from becoming the communicator you were meant to be.

© Interact Studio. All Rights Reserved.
No content in this document may be
reproduced or reused without written consent.

Your Authentic Style™

Start with the talents, strengths and style of communication that make you completely unique.

What is your unique ability? The thing you do well effortlessly? For example, do you make others feel at ease or get the best of the people around you? Do you inspire others with a vision for what could be?

What do your friends and family say about your communication strengths? For example, are you a deep listener and a problem solver?

According to the people who know you best, what makes your style of communication unique? For example, do you have a dry sense of humor and a curiosity about people?

© Interact Studio. All Rights Reserved.
No content in this document may be
reproduced or reused without written consent.

What do you get asked to help with? This is an indicator of what others value in you.

Create a description of Your Authentic Style™ of Communication:

When are you most often your best authentic self—fully present and in the moment?

© Interact Studio. All Rights Reserved.
No content in this document may be
reproduced or reused without written consent.

Communication Activity	Your Level of Self-Satisfaction: **Low**, **Medium** or **High**	CIf Low or Medium, How Important is Increasing Your Satisfaction Level: **Not Important, Important** or **Very Important**
Getting to the Point, Staying on Message		
Nailing an Important Presentation		
Learning How to Use Storytelling in Business		
Demonstrating Leadership Presence		
Uncovering and Leveraging Your Strengths – via CliftonStrengths®		
Speaking to the Media with Confidence		
Handling Q&A Masterfully		
Making Impact in the Virtual Environment		
Crafting Compelling Messages		
Giving a Powerful Keynote		
Making an Important Pitch		
Appearing on Camera with Command		
Telling Your Story to Bring Value		

© Interact Studio. All Rights Reserved.
No content in this document may be
reproduced or reused without written consent.

Communication Activity	Your Level of Self-Satisfaction: **Low**, **Medium** or **High**	CIf Low or Medium, How Important is Increasing Your Satisfaction Level: **Not Important, Important** or **Very Important**
Personalizing the Company Vision		
Having a Consistent, Effective Message Strategy		
Being Natural in Style, Delivery		
Demonstrating Leadership Listening		
Interviewing with Ease - Making a Great Impression		
Vocal Presence that Draws People into the Conversation		

List other activities not present on the chart. What is your Satisfaction Level? How important is increasing your Satisfaction Level?

© Interact Studio. All Rights Reserved.
No content in this document may be reproduced or reused without written consent.

What Top 3 activities did you rate Very Important for Increasing Your Satisfaction Level?

1 _____

2 _____

3 _____

Now. Let's Talk About Your Top 3.

Send your request for a consultation
to MyTop3@interactstudio.com.
You'll hear back from us within 24 hours.
We're ready when you are.

interact studio

1435 West Morehead Street Studio 210
Charlotte, NC 28208 704.374.0423

Interactauthentically.com

© Interact Studio. All Rights Reserved. No content in this document may be reproduced or reused without written consent.